

Sarah Oliver's story – interviewed by Wendy Mann

Wendy: Now I know that a little while ago you were struggling with a bad knee. Tell us about that.

Sarah: My right knee has been in pretty bad pain, off and on, for about 12 years. When I was 14 I was diagnosed with a problem with the cartilage under the kneecap – basically it was really rough and jagged. I was told nothing could be done about it unless it got worse, in which case I would need surgery; so I just did some exercises for it but pretty much stopped running and working out, which was what I loved doing. I started running again about 2 months ago and it was hurting badly but I didn't want to stop, so instead I thought I would pray that God would heal me.

Wendy: So about a month ago, we prayed. Tell everyone what happened.

Sarah: Wendy had a word about someone who had a painful right knee, and as part of their job they had to kneel down a lot, and that every time they knelt, it hurt. My job is my son, Sam, who is very active, and I was having to kneel down all the time and it was hurting, going upstairs and downstairs and so on. So we prayed and initially nothing happened, but God brought back to me a memory that I shared with Wendy. When I hurt my knee the first time I was in junior high and we had just moved to this new place and I thought, 'Oh cool, I have an injury – I get to wear a knee brace and go to rehab; this is cool – it gives me an identity and makes me special'. We prayed through that and I repented of wanting to get identity out of injury and trying to seek a feeling of being special by having something wrong with me. We then prayed again, and my knee hasn't hurt since. I've been running three times a week since then and it hasn't hurt. My back as well – we didn't pray for my back but ever since I had Sam, my lower back has been hurting all the time. On a pain scale, it's probably been about a 7. Since prayer, it has been about a 2, or not hurting at all. And we didn't even pray for it!

Wendy: 12 year injury! That's amazing, isn't it?