

KINGS
ARMS



PREVIEW

SPRING 2020

Welcome

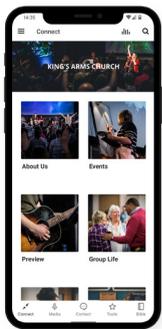
Welcome to the King's Arms. We're glad you're here, and hope that you find our Spring Preview informative and encouraging. It's full of useful content and inspiring stories to connect you with us, and grow in your faith.

If you're new to the King's Arms, please come and speak with our Sunday welcome team, who are in orange t-shirts who would love to help you get settled in.

MULTIPLY

BY SIMON HOLLEY

GET
THE
APP



kingsarms.org/app

Welcome to a new term and a New Year. As we look forward to all that we are going to see in God this year, it's so key to start with thankfulness in our hearts for what we have already seen. 2019 was a year with some incredible multiplying moments; the largest ever group going to the Newday youth conference; several new nations opening up for fresh partnership in the gospel; a multiplied and strengthened pastoral team; multiplied acceleration of physical healing, a fantastic Christmas meal for the over 65s and I'm sure many other things that I am not even aware of! I for one am so grateful to God for his grace in allowing us to co-labour with him to see his kingdom multiply to fill the earth.



BE FRUITFUL AND MULTIPLY AND FILL THE EARTH AND SUBDUE IT

GENESIS 1:28

“Be fruitful and multiply and fill the earth and subdue it” Genesis 1:28

As we see from this verse in Genesis, God’s commission to mankind has always been to fill the earth. Sadly we have largely abused that authority and filled the earth with abuse and destruction, pollution and chaos. Thank God for Jesus, who as the premier representative of a new generation of mankind will perfectly fulfill God’s commission to fill the earth. This time it will be different. It’s time for love and justice, purity and life! As we approach 2020 let’s raise our ambition to not just survive but to thrive and play our part in multiplying God’s goodness all around us. What is He calling you to this year? What part of His creation are you called to see filled by a multiplying Kingdom?

Here’s the thing; it can seem overwhelming. But one thing I have learned this year is that any Rubik’s cube, no matter how messed up, can be solved in twenty turns. All you have to know is what is the next

step. The great news for us is that the Holy Spirit always knows the next step towards kingdom solutions! We may not have a clue but he does. So, as we approach 2020 looking at a messed up world, let’s ask Him; “Holy Spirit, where are you calling me to see your kingdom multiply and what’s the next step to see that happen.” I’m excited to see the answer to that prayer!



Simon Holley leads the eldership and strategic team of King’s Arms

MULTIPLYING LOCATIONS

BY SIMON HOLLEY

As I've already shared, 2019 was a year of many multiplications! It was also a year where God began speaking to us about living with a fresh multiplying mindset. Among other things, He spoke powerfully that we have been like a garden but that He was moving us to be like a field of fruitfulness and growth. As we prayed about this it felt clear that part of the outworking was to multiply our Sunday meetings. We had already been thinking and praying about this idea but this word was the confirmation we needed. It felt like God's green light to move ahead and it has been followed with an incredible open door in that the University have agreed to allow us to use rooms on the Polhill campus to host our second location. So 2020 will see King's Arms become a multi-site church. **ONE church with TWO locations and THREE Sunday Meetings!** It is a big step but an exciting opportunity to make space, multiply and reach people for Jesus in a different part of Bedford.

Being One Church with Two locations simply means that we will have **two Sunday gathering points but have a common leadership, vision, mission and sense of identity together.** We will have three meetings in total - 9:30am and 11:30am at King's House and 10:30am at the University. Mostly the same speaker will travel between the locations but there will be regular 'location specific' speakers in the diary. Sue Smith will continue to lead the Connect Team responsible for all Events and Sunday activities across both locations. Additionally, Steve Wilson will lead the University location team and Simon Holley (that's me!) assisted by Sue will lead the King's House team.

Having two locations will have a number of important benefits that we feel the Lord has laid out for us;

- **It's an opportunity to have a wider impact** in the town and to reach more people. There will be a location closer to those who live in the north of the town plus also it will be a slightly smaller venue so will suit those who prefer a smaller gathering
- **It's an opportunity to create space** for the many believers and not-yet believers who want to gather, worship and be disciples of Jesus together with us
- **It's an opportunity to raise up many more leaders** and volunteers to express their gifts and serve God and his kingdom
- **It's an opportunity to make space** for people to thrive in a different environment. Just as some plants thrive in different beds in a garden, we believe God has shown us that as we do this the change will enable more disciples to thrive as we create a new environment at King's House and at the University

The benefits of this are clear - it's an exciting prospect for us. There is, however, a cost. Change always costs someone something and that cost can be hard. It's important that we process the pain of the cost healthily so that we don't go in to this new season lacking vision and momentum for all that God wants to do. We as the Holley family are facing this personally as our oldest has left school and is moving into her future. The excitement of the adventure before her is obvious but so is the pain of not having

her around as much and having to form new ways to connect and communicate!

We'll launch in March 2020 (exact date to follow!) but here's the top five things I can think of to help us get ready and navigate this change well

Be Prayerful

We haven't forgotten the call to be a joy-filled house of prayer and it has never been more important than in this season. Let's soak the ground of this new University location and the ground of our King's House location in much much prayer!

Be Kind

We have to be patient with one another as we all adjust and find grace in God for this new season. There will be change for everyone and we have to remember that some people love change and others dislike it. There is loads to be done and our teams are going to be working hard to get everything ready. Let's be kind and patient with one another, quick to forgive, slow to take offense or judge people's motives or commitment to the vision. Overall let's make the launch experience as relationally painless as possible.

Be Family

God multiplies family for one reason - to fill the earth with His goodness. It's going to take us all to think and act like one big family as we do that now in two locations. The family is growing and we have to hold together the tension of the adventure before us with the pain of change. To help us it will be important that we work hard to retain a sense of togetherness throughout. Opportunities to gather all together such as leaders gatherings, volunteer celebrations, prayer gatherings and our group life (any adult, youth and children's groups that meet mid-week will be open to those from either location) will be critical in this next season and we all need to prioritise them in our

diaries.

Be Proactive

As I said part of the motivation for this move is to make space. But space needs to be filled and that filling takes people with a heart to serve God and His church to stand up and be counted. Let's all be proactive in this season at both our University and King's House locations - looking for the gaps and offering to help where we can. Let's ask God and be ready to respond to what He's asking of us all.

Be Envisioning

We have to remind ourselves and our children of the vision of what we are doing not just the reality of it. This is an exciting new adventure and although it's sure to have some challenges, let's be expectant of God's leading and provision throughout. Ultimately we are responding to God's commission to multiply and we are believing that God will bless us in many ways as we do.

Taking a farming analogy from years ago, it was well known that two draft horses pulling together can pull three times more than one horse can pull by itself. There is a multiplication that comes from teamwork. In the same way, we believe that through two locations working together using our talents, time and treasure, we can have an even greater impact in our world for Christ.

Thank you for joining us on this next step of the King's Arms journey.



Simon Holley leads the eldership and strategic team of King's Arms



11:02 - A CALL TO PRAY

BY STEVE WILSON

As Christians we have the privilege of connecting with our Father in heaven in prayer, and whilst it's important for us to learn to pray the way that God has uniquely made us, we also know Jesus has given us some clues.

Through the whole of January we want to launch a challenge to everyone across our community which comes right out of Jesus' encouragement to His disciples to pray in what's commonly referred to as 'The Lord's prayer'. Maybe you remember reciting it at school?

Luke Chapter 11 Verse 2 includes "Father, hallowed be your name, your kingdom come". It's the foundation for our relationship with Him. Coming before Him not as a slave, or orphan but as sons and daughters, looking to honour Him and eager to see His kingdom come and Son, Jesus; made famous.

So what's the challenge? Inspired by another church we want to encourage you to take just one minute, every day in January, at 11:02am to earnestly pray for three friends who are far from God. Pray that they would know God's love, His peace, His purpose and His salvation, and pray that we would have the courage and opportunity to share of God's grace with them. You can find your cards to help you pray on a Sunday at King's House.

No matter what you're doing, there can be nothing more important than pausing to pray. So get out your phones, and set your alarm to remind you at 11:02am every day and let's see what the Father will do...



Steve Wilson is an elder who oversees the Impact Team.



MARK RITCHIE

We're delighted that we will be joined by the comedian Mark Ritchie TWICE for special guest meetings in January.

Mark is an outstanding evangelist, communicator and preacher who has been sharing God's love with people in clear and engaging ways for the past twenty years. Whether it's the crowds at the Edinburgh Fringe Festival or to sold out venues across the world. Mark has the audiences laughing, crying and provokes them to think.

Mark will be with us for both our 9.30am and 11.30am Sunday morning meetings on January 26th and then again for a one-night-only comedy event on Tuesday 4th February. For the evening event you'll need to register for your tickets at kingsarms.org/markritchie

They are sure to be outstanding events, that you can invite your friends and family to come along and enjoy!

Want to know what others think?

"Mark Ritchie is one of the UK's premier communicators of the Gospel. I always know that he will deliver the gospel in a relevant, humorous, and clear manner."

—Glyn Barrett, Senior Leader, Audacious Church, Manchester

"Mark Ritchie is outstanding, unique and wonderful. He is insightful and inspiring. He has both wit and wisdom. I always have a faith-lift when I listen to him."

— Revd Canon J. John

IT STARTED WITH JUST ONE HOUSE...

BY FAITH DWIGHT

In 1989, a member of King's Arms Church drove by a homeless woman begging on the streets of Bedford. Moved by compassion, she stopped her car, got out, and walked up to her to offer help. Out of that initial act of love, the King's Arms Project was born.

It started with just one house - a place where homeless clients were loved and supported by members of the King's Arms Church community, and before long, they began to see lives being radically changed by the love of God.

Thirty years later, and the King's Arms Project has grown exponentially. We have 40 employees, 52 beds, and numerous different services. We serve the homeless, refugees and asylum seekers, and we're the only organisation in Bedford that offers housing for Eastern Europeans with no recourse to public funds. In 2015, when the Syrian refugee crisis dominated our television screens, we were moved to become one of the first organisations in the UK to support refugee families through community sponsorship. This was driven by our belief that there's no such

thing as a hopeless case, and a vision to end homelessness in all its forms.

That spirit of love that started King's Arms Project 30 years ago is the same one that continues to compel us to expand our reach over and over again. Sometimes it can feel like it's too much – like we have reached capacity and there's nothing else we can possibly do. But for 30 years, we've seen God provide every time we've said yes to offering hope to the most vulnerable people in society, and we have no reason to believe He's going to stop any time soon.

If you'd like to be a part of our story of Hope, we'd love to have you on the journey with us. We recently launched an initiative called **30-4-30**, and we're inviting you to commit to giving £30 per month in celebration of 30 years of God's faithfulness to Project.



Simon Dwight is the CEO of the King's Arms Project





TRANSFORMATION CENTRE

BY KATY RYLAND

Jesus said in Mark 16:18 that a sign that will accompany those who believe is that they will lay their hands on the sick, and they will recover. Sickness isn't just seen in our physical bodies, but also our emotional and spiritual lives, and that is why we run the Transformation Centre, because we are responding to Jesus' mandate to see people made whole.

As Christians we have the privilege of bringing Heaven's solutions to earth's problems. The Transformation Centre is a place for transformational encounters that is available to our Bedford community, it's a beacon of hope for our town.

We have already been offering Sozo and Freedom Appointments on Wednesday evenings, through these ministries we have seen many people restored to wellness. One person said *"my Freedom Appointment resolved a lot of the hopelessness and despair I felt"*.

This term we will be opening up once per month on Wednesdays 7.30-9pm

for a drop-in Healing Rooms as well as a Pastoral Drop-in. This means that without an appointment you or your friends can show up for a listening ear, or prayer for physical conditions. We aim to do what other centres have done and receive GP referrals for our Healing Rooms.

We believe that God is a good Father and therefore He has good gifts for everyone who comes to Him (Matt 7:11). In the future there are many other services we dream of offering, firstly professional counselling. For up-to-date information, see the website. Finally, we are keen to learn more about the pastoral needs of our community and would encourage you to send in the perceived needs (not individual situations) you see around your neighbourhood. Please send such information to pastoral@kingsarms.org



Katy Ryland oversees prayer and helps the pastoral team to implement their vision for the Transformation Centre

UPCOMING DATES

Thirst Week of Prayer and Fasting

Mon 06 Jan - Sun 12 Jan

We will be starting the new year with several days of prayer, worship and fasting as we seek His face and His presence.

kingsarms.org/thirst

Dedications

Sun 02 Feb, 9.30am & 11.30am

Join us for our special dedications and thanksgiving meeting where we'll have the chance to thank God as a church family for the blessing of our children and pray for them. If you would like to have your child dedicated please email dedications@kingsarms.org or call the church offices on 01234 306500

kingsarms.org/dedications

Gift Sundays

Sun 09 Feb 9.30am & 11.30am

An opportunity for us to give into the vision of what God has been speaking to us about this year. Stand with us, prayerfully and financially as we see what the Father will do!

kingsarms.org/launch

LOCATION LAUNCH

Sun 08 Mar

Our plan (at the time of printing) is that this Sunday will see the launch of the second King's Arms location so join us at 9.30am or 11.30am at King's House or 10.30am at the University.

kingsarms.org/launch

Mother's Day

Sun 22 Mar

Join us for our Mother's day celebration meetings. With lots of special things to remind the mother's in our community just how grateful we are to them. If you're a mum, have a mum, or even know a mum come along and bring a friend too.

kingsarms.org/mothers

Joining Evening

Wed 01 April, 8 - 9.30pm

A great evening for those who are considering joining King's Arms across both locations or those who have joined but never attended this evening before! A light meal is provided and we'll be taking time to get to know some of the leaders of the church and covering some key information.

kingsarms.org/joining

Easter Banquet

Thu 09 Apr, 4.30pm

Easter is a special time in the calendar for many and we want to make it extra special for those people who are over 65 in our town. There will be fun, music and games alongside an opportunity to remember this special time.

kingsarms.org/easterbanquet

Good Friday Meeting

Fri 10 Apr, 7pm

This powerful one-church meeting, at King's House, is an opportunity to pause to remember the incredible sacrifice that Jesus paid at Calvary.

kingsarms.org/goodfriday

Easter Baptisms

Over the Easter period we'll have the opportunity of celebrating Christ's resurrection as well as enjoying life changing stories in our special Baptism meetings. Our baptisms will be taking place across both sites on different weekends. If you've never been baptised please get in touch to express your interest.

kingsarms.org/baptisms

TSM Open Evening

Thu 30 April, 7.30pm

We have an open evening so that you can take a look at what a typical TSM night looks like. Entrance is free for the evening.

kingsarms.org/tsmopen



SOUNDS OF GLORY 2020

releasing the joy of heaven conference

FRIDAY 31 JANUARY - 01 FEBRUARY 2020

'Sounds of Glory' is a conference designed for all who are called by God to play their part in the areas of the prophetic, worship and prayer and will equip us to release all that God is saying to the culture around us.

SPEAKERS INCLUDE:



MIKE PILAVACHI



PHIL WILTHEW

BOOK IN: **KINGSARMS.ORG/SOUNDS**



STORIES OF HEALING

COMPILED BY CLAIRE COGGAN

King's Arms has always been a place where people could find healing. Jesus said He had come to "bind up broken hearts" (Luke 4) and regularly set free those those spiritually oppressed and those sick and in need of healing in their bodies. We feel the call to go deeper into these things this year. We believe sharing the stories of what God's doing through us in this area is key to seeing our faith and expectation of seeing healings grow. Here are six stories of what we've seen God do recently:

1. A man had been suffering from sinus issues for eight years and was unable to breathe through the left side of his nose. Over the last three years they'd become quite severe and caused migraine headaches. After a couple of times praying, nothing seemed to change. He felt I should pray for his septum. I said I'm not sure what that is but God knows so let's pray Jesus heals your septum. After praying for Jesus to heal his septum he was able for the first time to breathe freely and

his sinus felt clear. He was a very happy man and walked around laughing. Later he came to me and gave me his nasal spray saying I don't need this anymore!

2. For six or seven years one lady had been using a medical pillow to support her neck because of having spondylitis. She told me she had pain in her neck and asked if I could pray for her. She said for the next two nights she didn't use her pillow and hasn't needed to since and now sleeps with a normal pillow because the pain has gone.

3. I saw a man walking on crutches and so offered prayer for his sprained ankle. I prayed once and after testing it out, he said there was some improvement. I offered to pray again and after testing it again he started moving and bending it having not been able to do that before. He was so thankful - I later noticed him walking up and down the cafe testing out his healed ankle.

4. One person shared: “I have been playing the guitar for years and I had pain in my left shoulder. On my way here I said ‘God I have had enough of this pain’. This morning there was a word of knowledge about pain in the left shoulder. I knew it was me straight away. Without thinking I raised my left hand and my pain improved. Then, people prayed for me and I felt heat in the shoulder and I could lift my hand. I do not have any pain left at all.”

5. Another celebrated: “I had a roller skating accident in 2008. I have a head trauma, I have always had pain since then. An osteopath tried to straighten my bones but they did not stay in place. I even had to get my car adjusted to be able to drive. Today during prayer, God healed me and removed the pain I felt. My hearing is better in my left ear as it had also been affected. I do not have any pain anymore, I can bend down, I

don’t have pain in my back, I can twist if I need. All is well. Thank God. It’s amazing!”

6. And finally: “I have had pain in my back for a year and a half. I could not

wash my feet, put my socks or shoes on as it was so painful. I could not run anymore, this was especially painful to my heart because of my seven year old son. Someone came to pray for me. At this point I felt a heat in the middle of my spine because my disk was pinched and I had sciatica. I took my shoes and socks off, then managed to put them back on, I even managed to touch my feet. When I went home the first thing that came to mind was to mind was to run. So I ran, I jumped in the air! Thank you Lord because it really is a divine healing. I had no hope and God gave me this hope. Thank you Jesus.”

So many incredible stories of healing breakthrough. You can receive prayer at the end of any King’s Arms service from our ministry team.



Claire Coggan is a member of King's Arms and leads our Costa Coffee Healing Cafe team



GOD CAN DO A LOT IN TEN MINUTES

BY PHILBE KELLETT

When I was part of a conference ministry team a lady came and asked for prayer right before the dinner break. At the time I was more keen on eating food than I was about praying and I told her I was available for ten minutes. Her reply caused my faith to rise “God can do a lot in ten minutes” I agreed! She told me she knew the Father loved her but couldn’t feel it - fear kept getting in the way. We prayed together and she was able to hand her fear over to God and as she did this God told her, “It is finished.” Through tears she told me that she had been on a two year journey of healing from painful childhood experiences and in those ten minutes God had brought her journey to an end and had given her the restoration she had needed.

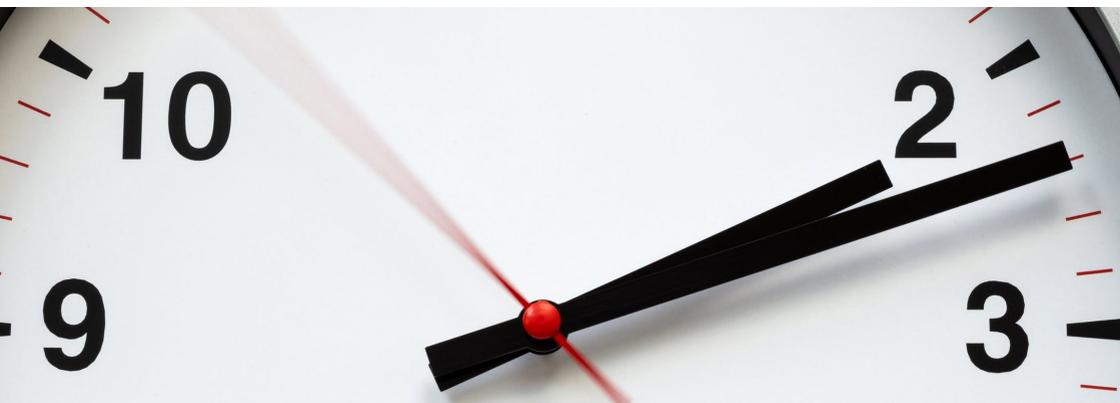
Every one of us will have experienced pain in our lives. If we allow those areas of hurt to be left unattended it can lead us to avoid relationships for fear of rejection, unable to hope for a new job for fear of failing or unable to step out in

ministry for fear we might not be good enough.

Psalm 62:28 says “Trust in Him at all times, you people; pour out your hearts to Him, for God is our refuge.” If we keep all our pain locked up inside we can’t grow in intimacy with Jesus - it will always get in the way. God is not afraid of our emotions He’s perfectly able to handle whatever we bring to Him. By turning to Him and expressing our pain, anger and disappointment we allow Jesus to bring comfort and healing to our hearts. He is waiting for you to invite Him in.



Philbe Kellett is part of the pastoral team at King's Arms and leadership of TSM.



CATALYST FESTIVAL 2020

BY SUE SMITH

I still remember the moment. I was sixteen years of age, camping at Stoneleigh Agricultural Showground with thousands of Christians attending an international church camp. I had been a Christian for three short months and God birthed something in my heart that I am still living with today. I am so thankful for moments like that when God speaks; moments of encounter and revelation; moments with those in the church community to share what God has been saying and doing. Ever since that day I have been a fan of opportunities to gather with other believers like this even when it means camping outdoors in the British (unpredictable) weather.

Catalyst Festival is one such opportunity for us as a community to gather together with over 4,000 believers from across the globe as we love God and are empowered to make a difference in our workplaces, communities and nations. This Festival is for all the family with programmes and activities to suit all age groups and interests.

We are looking forward to spending time together as one community under the stars, building new friendships and growing in God together as one extended family.

We will not be meeting on the Sunday in Bedford that weekend so if you can't make the whole event please do consider joining us for the day on the Sunday. We will be sharing lunch together and having a blast being family.

Head to catalystnetwork.org/festival for more details and booking or chat to Sue Smith, or Andy and Becky Flood.



*Sue Smith oversees
Connect and Sundays at
King's Arms Church*

CATALYST FESTIVAL

catalystnetwork.org/festival

Saturday 23 - Tuesday 26 May 2020



WHY GROUP LIFE?

BY PHIL COX

Why do we do group life at the King's Arms? The simple answer is because it's at the core of our being. We are built for relationship, it's how the Father designed us and group life is an expression of how we build relationship with each other.

Group life is where we can take a step in our journey, from being a person who turns up to church, to someone who is known, and giving into the church community. When we are known and giving, we make an impact.

In David's Cave (the group I run with Matt) we make purposeful time to build relationship and community. We ask; "How are you?" and listen in an unhurried, uninterrupted space. Listening helps to resolve conflict in ourselves, builds trust, inspires and strengthens us. But you know what - I'm changed too. I might be the one listening, but we've lived in relationship. It's brought life to the guy sharing and I feel good because I've helped by simply listening.

In Group life we share of ourselves with each other and therefore walk in how God has designed us to be. We share our hearts, and we get to reflect the heart of the Father to one

another. From this place of trust and relationship we start to find the courage to live out the calling God has for us. Not only to be His disciples but also to make disciples wherever He has placed us.

It's that time of the year where we make decisions to try new things so why not start coming to a group and build some deeper relationships. Be known, give out, and discover that you get so much more back, much more than you ever gave in the first place.

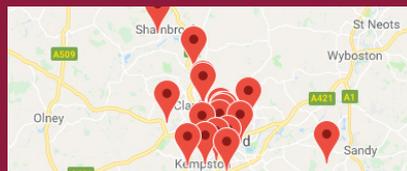


Phil Cox assists with our Group Life and oversees our interns.

HOW TO SIGN UP?

Sign up dates are from:
10 - 20 January 2020

Visit: kingsarms.org/groupsignup



CHOOSING A GROUP

All our groups seek to encourage a healthy rhythm of:



UP: *Connecting with God*

IN: *Growing in our character, within community*

OUT: *Discovering our calling to impact the world around us.*

This expression of discipleship will have a different focus depending on the type of group you join. We have three main types of group. **Missional Communities (MC)** are focused on a shared area of passion and the group is centred on reaching out to others who share that interest. **Life Groups (LG)** are more oriented to encouraging and supporting people in their journey of faith and supporting them to be missional where God has out them. **Equip Groups (E)** are for those seeking to grow in a specific area such as leadership, bible study, prayer or personal healing.

The groups are listed under these three headings to make it easier to navigate as you look for one to join. You will find some sub-sections in each group which will define more clearly the focus of that group. Location, frequency of when they meet and the names of the leaders.

for more info:

kingsarms.org/grouplife

GOT A PASSION? CALLED TO LEAD?

Do you have desire to equip the church for mission in a particular area or perhaps to build a Christ centred community in your neighbourhood? Or perhaps you would love to take a group of people on the journey of discovering more about the Bible, prayer or worship?

If you are interested in exploring the idea of starting a Missional Community, Life Group or Equip group then please email: groups@kingsarms.org

All groups start together at the beginning of each term and initially run for one term. We offer coaching to leaders and our desire is to see you grow into your full potential as a disciple and leader.

The deadline to apply for a group starting in the spring term is **20 January 2020**



BELONG

MC

Meets Tuesdays, term time, 7.30pm

OPEN ALL YEAR TO EVERYONE

We gather a diverse group of people who are new to King's Arms but the group is open to anyone who would like to get more connected and build new friendships in church. We enjoy building relationships over coffee and cake. Come along to be equipped, envisioned and realise your unique gifting and potential. *Led by Charlene Frammingham*



PROCEED

MC

Meets Various, Monthly, Bedford and Oakley

This group is for people who are exploring how to launch or how to add capacity to the community and voluntary sector. The monthly workshops will look at what makes a great project and give key tips as to how to make what you do count. *Led by Katrina Hyden*



KA TABLE TOP

MC

Meets Thursdays, 7.30 - 10.30pm, various venues

A fun, friendly group who enjoying playing board and card games. We play a variety of games from loud group games to deep strategy games and everything in between. We aim to create a welcoming community for all, having an environment where we enjoy playing games together and friendships grow. *Led by Mark Sweet*



MOVIE CLUB

MC

Meets on various dates

Like movies? Like overpriced popcorn? Then maybe this is the group for you. Movie Club is a place to invite friends and colleagues, meet new people and enjoy some (hopefully) good movies. There's one rule: if the movie is based on a novel you've previously read, you're not allowed to utter the words "It wasn't like this in the book"! *Led by Izzy Watson*



BEDFORD PARK RUN

MC

Meets Saturdays, 9am, Bedford Park

Boost your New Year's resolutions in an all abilities group with a friendly and supportive atmosphere. Our aim is to use ParkRun Bedford to reach the active community of our town. We want to encourage, support and lift each other up whilst out on the course or in the coffee shop afterwards! *Led by Stuart McCall*

Signup is available from 10 - 20 Jan



KING'S ARMS QUILTERS AND STICHERS

MC

Meets third Saturday of the month, various

A relaxed group for any stitchers who would like to express God's love through creative sewing including making quilts for Project Linus, which offers security and comfort to children experiencing serious illness or trauma via home made quilts. We'll share ideas, laughter and learn new skills - an ideal opportunity to make your first quilt! *Led by Anne Godwin*



KING'S CHORUS

MC

Meets Mondays, 8pm, King's House

There's a great vocal group in town. It's diverse, fresh and full of life. We want to be a choir being family, finding our voices and prophesying life to our town through song. Come make a joyful noise with us – no vocal ability required! *Led by Tim Burns and Liz Cosh*



LADIES' NIBBLES AND NATTER

MC

Meets monthly

A group for ladies who like to share what God has been doing in their lives and supporting each other whilst eating a lovely meal at a restaurant in Bedford. *Led by Izzy Watson*



I love the fact that I can follow my passion to bless disadvantaged children and share that delight with others who join my group.



KA CURRY NIGHTS

MC

Meets monthly

We meet as men at the Grand Indian Restaurant once a month - with a five course meal for £10. A great place to meet new people and invite your friends. *Led by Zeb Massey*



GOAL

MC

Meets various, dependent on pitch availability

We get together to play a game of 5-a-side football on Thursday evenings. All ages and abilities welcome. A chance to pray, get to know a few guys in the church and invite your friends. The aim of the game is to have some fun, get fit and score a few goals. *Led by Rob Brown*

Visit: kingsarms.org/groupsignup



MOSAIC

MC

Meets Sundays after 11.30am meeting, monthly

To create and maintain a bible-based, God-loving, Christ-centered, Spirit-led, proactive and practical community that's touching Bedford and beyond with the gospel of Jesus. Making our lives as an example in word, in conduct, in love, in faith and in purity. We meet for shared food and fellowship after the late service. *Led by Melchizedek Penacerrada*



IMMERSE

LG

Meets Tuesdays, 7.45pm, King's House

If you're new to King's Arms, or you'd simply like to catch more of who we are, this group is for you. Come along and be immersed in our culture. Get to know God as Father, understand your identity in Christ and be equipped to bring God's Kingdom wherever you go.

Led by Wendy Mann



HURRY UP AND REST

E

Meets specific dates

Life is hurried, rushed and yet Jesus says "Come to me ALL who are heavy burdened and I will give you rest". How, in this modern world do we stay emotionally healthy and spiritually alive in the chaos of the modern world? How do we live out of rest? Come, explore and work on living a unhurried life, in a demanding society. *Led by Phil Cox*



DON'T JUST VOTE, SHOW UP

E

Meets Wednesdays (specific dates), 7.30pm, Clapham.

Are you passionate to see Bedford and this nation transformed? One of the important ways this can happen is through politics both locally and nationally. Come and explore how - through the Christians in Politics: influence course. *Led by Matt Buttery*



HOME FOR GOOD

E

Meets Wednesday evenings, monthly, Bromham

We hope to be a safe place for foster carers and adoptive parents to share stories, support each other and receive prayer and encouragement. Also open to people going through the assessment process to foster or adopt.

Led by Rachel and Ben Hickman, Sharon Partridge-Underwood



EQUIPPED FOR MINISTRY

E

Meets six Tuesday Evenings

Want to be equipped in ministering God's love to others, we'll look at how to pray for people effectively, focusing on topics like: praying for the sick, setting people free, hearing God's voice and leading people through to faith.

Led by Sue Smith, Katy Ryland, Johnny Gentle and Heather Massey

Signup is available from 10 - 20 Jan



STUDY IN SAMUEL

E

Meets Mondays, 8pm, Brickhill/Putnoe

Join us as we journey through the book of Samuel, encountering characters such as Samuel, Saul and David. We shall be exploring God's purposes during this significant period in the history of His people and seeing what we can learn for today.

Led by Kirstie Cook and Paul Plageron



EXPLORING THE LAST THINGS

E

Meets Tuesdays, 7.45pm, Milton Ernest

Ever been intrigued by the book of Revelation? Or do you feel it's only for weirdos? Learn some crucial principles for interpreting this book correctly and hear what the living Lord is saying to the churches. Each time we will also share testimonies and prayer requests, and pray for each other.

Led by Andrew Clark



CALLED TO SPEAK

E

Meets Friday on-line and some face to face

Do you have a call to speak publicly either in your workplace or in the church? This group seeks to develop those who are already speaking in some way to help them move to the next level. There will be a small application process as there are limited spaces.

Led by Simon Holley and Nikki Marfleet



THE BEREAVEMENT JOURNEY

E

Meets various, 6.30pm

This six-week course is for any person who is bereaved, whether recently or dating back several years. Based on Christian principles, the course is suitable for anyone with or without a Christian faith. Attendance is not advisable for those who have been bereaved within the past three months. *Led by Sandra Saunders*



CREATIVE HUB

E

Meets termly, various dates and locations

Creative Hub is a gathering for all creatives, whether you're a dancer, poet, potter or painter, songwriter, baker or jewellery maker. All creative expressions are welcome! Come and enjoy community, inspire each other, grow in creative practice and release beauty into our church, this town and the world!! *Led by Carly Cook and Catherine Pedley*



DELVING DEEPER

E

Meets Fridays, 7.30pm

We meet every Friday to pray for our nation and delve deeper into His Word. We encourage and support each other. We believe that where the Word of the Lord is there is power. God has given each believer a prophetic destiny and we want to help each other in the full expression of that destiny. Come and join in! *Led by Sarah Bauddin*

Visit: kingsarms.org/groupsignup



ENCOUNTER EVENINGS

E

Meets Fridays, monthly, 7.30pm, King's House,

We are meeting monthly to create a space to worship, pray and wait on the Father together. We are hungry for more of His presence and want to hear him and be filled afresh with the Spirit. This is a great opportunity for those who want to pursue more of Heaven and step out in a hearing the Father. *Led by Charlene Framingham*



SUSTAINED ENCOUNTER

E

Meets Tues, fortnightly, 7.30 - 8.30am

Come and start your day in God's presence - we ask the Holy Spirit to come and then see what happens - we often end up praying, worshipping, and being with the God for the hour. Good coffee provided. *Led by Phil Cox*



We have such fun at our group. Lots of laughter, genuine community and we all get to do something together we love.



SARDINES BIG TIN!

LG

Meets Sunday 19th Jan, 01 Mar, 1pm

19th January and 1st March after second service, join us all for a picnic in L1. Come with what you'd take out for a summer picnic, and we'll pretend it's lovely weather.

Led by Becky Ballaam and Phil Cox



SARDINES LITTLE TIN!

LG

Meets every other Sunday lunch after 11.30am meeting

A group of sardines is a community, something that everyone needs and especially in a large, growing church. We want to build community, particularly for those late 20s, 30s and 40s, over Sunday lunch. Come and invite your friends and family too. Children very welcome!

Led by Becky Ballaam and Jo Stylianou



GET IT OFF YOUR CHEST

LG

Meets Monday, 11am, Ground Floor Coffee Shop

Come and have a weekly meet and chat with others. We'll chat about how we're doing, discuss the preach or issues from the Bible and pray. We'll have a snack or drink from GFC.

Led by David Trujillo

Signup is available from 10 - 20 Jan



LIVING THROUGH ILLNESS

LG

Meets on last Thursday of the month, 8pm, King's House,

Honesty, hope, healing. In this open support group for people living with illness or its effects, we can express ourselves honestly about our experiences. We hope while we wait for God's healing. We listen, encourage and pray for each other: there may be pain in the night, but we look for joy in the morning. *Led by Pete & Liz Barras*



TWENTIES

LG

Meets Monday evenings, various venues

In Twenties we're going after fun, family & freedom. We love creating space for students & young adults to build meaningful friendships, grow in character and gifting, helping each other to live for Jesus. We'll go deeper through; worship, discussion, discipleship, occasional weekend socials and eating together! *Led by Josh Noblett*



WEDNESDAY ASIAN FELLOWSHIP

LG

Meets Wednesdays, 6.30 - 8.30pm

We love our culture and feel it's very important to have family, enjoy cultural similarities and share our journeys. We teach, support and help each other grow the gifts God has given us, bringing hope in our sphere of influence. We relax, share refreshments and have catch up times as often as we can. *Led by Solly and Parveen Chand*



WENDY MILLER, BOZICA HORVAT & DOREEN DAVIS

LG

Meets on Thursdays, 7.30pm, Kempston,

Keeping Jesus at the centre of our lives, we endeavour to grow a family of believers who support each other through the everyday ups and downs of life.

Led by Wendy Miller, Bozica Horvat & Doreen Davis



WOOTTON AND BEYOND

LG

Meets Thursdays, 7.45pm

A group focused on doing life together, building community and keeping Jesus at the center. This term, we will worship together and study God's word, specifically looking at His prophetic word to us as a church on sustained encounter.

Led by Adam & Carrie Tuffin, Phil & Gemma Kempzell



CLAPHAM BREAKFAST

MC

Meets Saturdays, monthly, 8.30am, Clapham

Group for women living in Clapham. Time to connect, share life and pray, inviting friends and neighbours in Clapham to come along and build friendships over Saturday morning breakfast.

Led by Meryl Newsom

Visit: kingsarms.org/groupsignup

EASTSIDE**LG***Meets monthly, East Bedfordshire*

We meet once a month on a relaxed, social basis connecting the KA community in a fun, friendly and authentic way across the area east of Bedford: chiefly the area and villages between St Neots, Sandy, Potton, Biggleswade and Shefford. *Led by Nigel Brittle, Sarah Fecondi, Michelle Swift, Matt Tipper and Sonia Dutchman*

MK FAMILY GROUP**LG***Meets Thursdays, 8pm, Milton Keynes*

We are the MK family group. Passionate about Jesus and building real, honest relationships. Through fellowship, worship, prayer, intercession and a passion for studying God's word we strengthen and equip ourselves to share Christ's love to others.

*Led by Graham and Marsha Walker***UP, IN, OUT: CLAPHAM****MC***Meets Wednesday evenings*

Our group draws on the wisdom, experience and practices of our faith forefathers, and Christian communities in order to actualise the outworking of this three-way focus. Concentrating on the Clapham locality we meet to encourage one another in our endless pursuit of God. *Led by Tim and Greta Davies*

“

The presence of God has just fallen so tangibly as we have worshipped and prayed - it has been amazing!

UP, IN, OUT: GOLDINGTON**MC***Meets Wednesdays, 7.45pm*

Do you live in Goldington and looking for opportunities to hone your gifting in community. We will support and encourage each other using discipleship tools. We are looking to have an online presence, and outreach opportunities into the local area.

*Led by Brian Burke***LOVE FAMILY****MC***Meets Fridays, term time, 10 - 12pm*

How wonderful and how challenging the early days and years are and we're right in the middle of it offering an open, friendly place where encouragement is on hand. We're passionate about journeying together, walking in the fullness of all God has for us. So join us with your kids they're welcome too! *Led by Vic Granger and Abbie Prosser*

Signup is available from 10 - 20 Jan



PLAYHOUSE

MC

Meets Wednesdays, 10-11.30am, King's House

We seek to impact the families of Bedford with the Father's love by offering them the opportunity to meet together in a comfortable, relaxed environment whilst providing interactive activities for their children. We chat with parents/carers, help with setup, play with the kids and serve drinks. We'd love to have you join us. *Led by Greta Davies*



PARK LIFE

LG

Meets fortnightly, various

We are looking to be family together, creating community by meeting in various ways in and around Mowsbury Park. We'll make the most of the summer sun with walks, picnics, café trips, bike rides, tennis and more. We don't want lots of meetings, just doing what we do anyway but together! *Led by Ben & Yvette Enejio*



Having other mums to hang out with and share our experiences of raising children has helped me not to feel isolated.

COMMUNITY



BREAKING SLAVERY'S CHAINS

MC

Meets Thursdays, fortnightly, 7.45pm

We'd like to gathered a group of people together stop trafficking and slavery in our town and immediate area. The goal is to see how we can work with authorities to help rescue victims of slavery. Come and seek God for practical ways forward and do some dreaming in seeing people literally being set free. *Led by Rebecca Inman*



PREGNANCY HELPLINE

MC

Meets one evening tbd, dependent on uptke

Do you have a heart for those struggling with an unplanned pregnancy or suffering after an abortion? If so, join us for an introductory evening looking at ways we can support these people through the new Pregnancy Crisis Helpline charity.

Hosted by Phil Cox and Kirstie Cook with Toby Cosh



IMPACT KIDS

MC

Meets Wednesdays, 3 - 4.45pm, King's House

Our purpose is to bring love and joy to children by running an after-school club at a local school. We spend time together playing games and doing craft activities. We aim to show them Jesus through a culture of unconditional love, honour and acceptance. Come join us for some really fun afternoons! *Led by Anil Banghar and Gary Bolton*

Visit: kingsarms.org/groupsignup



COSTA HEALING CAFE

MC

Meets Fridays, Costa Silver Street

For the last two years we have had the privilege of going into Costa and seeing signs of His Kingdom break out as we've shared His love and prayed with people. We have limited spaces in the team but if you have done TSM or something similar and would like to join us we would love to meet with you. *Led by Tim Burns, Claire Coggan and Jules Burt*



INSIDE OUT

MC

Meets Mondays, fortnightly, 8pm, MK42 9TL

Working into Bedford prison, and mentoring ex-offenders on release, we aim to be Jesus' hands and feet to those often overlooked or avoided by society. If you are passionate about seeing offenders learn their true worth, embrace change and encounter God, come and find out more. *Led by Mike & Ali Green*



THE WELL

MC

Meets Mondays, monthly, 2 - 4pm

A community of retired people who have afternoon tea, with fun activities, quizzes, talks and activities. Anyone is welcome - bring them along and we'll share the love of Jesus with them. It is a community that anyone can access.

Led by Linda and Cyril Mercer



FNM (FRIDAY NIGHT MEETING)

LG

Meets Fridays, 6.30pm, Town Centre

At Friday Night Meeting (FNM) we aim to restore community among the homeless and rootless with the love of Jesus. We love people by serving food, listening to our guests and sharing the Gospel in conversations as well as with a talk or worship time. First team time is Fri 07 Sept and then FNM starts back on 14 Sept. *Led by Emma Johnson*



BEAUTY FOR ASHES

MC

Meets Wednesdays, monthly, 6.30pm, King's House

A group for women to be empowered with the truth of their Heavenly Father's love towards them. Enabling them to receive healing, restoration and transformation by the power of God; allowing them to have freedom to bring the love of the Father to the women in Yarl's Wood immigration Detention Centre & their community. *Led by Samantha Roach*



KING'S BUSINESS OASIS

MC

Meets Thursday evenings, fortnightly, 7.45 - 9.30pm,

For those working in the world of business (corporate, freelance or small business) these evenings provide an opportunity to kick off your shoes, relax and enjoy fellowship together as well as share stories, explore scripture, receive support and soak in God's presence.

Led by Paul Plagerson, Karen Kircher, Claire & Marco Marjeywicz

Signup is available from 10 - 20 Jan



SOLOMON'S MEN

LG

Meets every other Wednesday, 7.30 - 9.30pm, various locations

This Men's group is a place where men can congregare and share the journey we're all on. It's a place where we honour each other as men and deepen our relationship with God and each other. We have lots of fun, social events all year round and we fully express His joy.

Led by Solly Sahota

“

It was wonderful to see young children playing with the older people - getting two groups together with those from our local community at opposite ends of life continuum was brilliant.



DAVID'S CAVE PT DEUX

MC

Meets Friday Evenings, half termly

For David's cave Alumni! Come to reconnect with Men that have been through DC as we strengthen and bring courage to each other in our life journeys. Declarations, praying and DMC's (Deep Meaningful Conversations). Little structure, lots of deep life journeying.

Led by Phil Cox and Matt Gracie

COMMUNITY

Stay connected with
all that's going on at
King's Arms

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ePreview»

kingsarms.org/epreview

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**John
Mark
Comer**

**The
Ruthless
Elimination
of
Hurry**

**Foreword
by
John
Ortberg**

THE RUTHLESS ELIMINATION OF HURRY

by John Mark Comer

“Ruthlessly eliminate hurry from your life. Hurry is the great enemy of the spiritual life.” A growing number of voices are pointing at hurry, or busyness, as a root of much evil. Within the pages of this book, you’ll find a compelling emotional and spiritual case against hurry and in favour of a slower, simpler way of life.

BOOK RECOMMENDATIONS:

MULTIPLY: DISCIPLES MAKING DISCIPLES

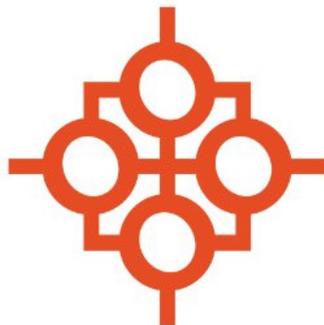
by Francis Chan

Jesus gave his followers a command: “Follow me.” And a promise: “And I will equip you to find others to follow me.” We were made to make disciples.

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THE GIFT THAT KEEPS ON GIVING

BY SUE SMITH

In a moment of honest reflection recently I realised just how much I love everything about Christmas. I love time with my nephews and endless games and snuggles; I love celebrating with friends and family the beautiful truths of Jesus' birth and I especially love all things gift related, giving away gifts that remind people I care and receiving gifts that speak of being known and valued by others.

Many of the gifts we receive are short lived and quickly forgotten. I was reminded recently of the passage in 1 Peter 4:10 that says "As each has received a gift, use it to serve one another, as good stewards of God's varied grace."

I was reminded of times that people have served me personally, bringing their unique creativity to be a blessing to me. Moments that weren't forgotten like a discarded game or chocolate bar after Christmas but

meaningful moments that will echo into eternity. God has given us gifts, not only that but He has created us to be a gift to those around us. When you were created God was generous in how He made you.

As we multiply later this term into two locations I am really excited for the breadth of opportunities this will generate; an opportunity for each one of us to be a gift serving those around in our community as we gather on Sundays. The reality is that God has created us to be gifts that keep on giving. I don't know about you but that excites me. Why not take some time to think about where you are going to be a gift in this season.



*Sue Smith oversees
Connect and Sundays at
King's Arms Church*



VOLUNTEER TEAMS

WELCOME TEAM

Sunday Team

Help to create a friendly environment; looking out for new people and connecting them with others; particularly our Belong Team. They are passionate about hearing from the Holy Spirit whilst meeting new people.

🕒 Sunday mornings

👤 Adults & Youth

🗣️ Interview

VISUALS TEAM

Sunday Team

Serves our Sunday meetings and events with visuals for worship and slides for preaching and teaching. It is a great team to get involved with for those that are more tech-minded.

🕒 Sunday mornings

👤 Adults & Youth

🗣️ Interview

AUDIO TEAM

Sunday Team

Recognise that we were made to worship God, and facilitate this corporately on a Sunday, helping people encounter God's presence. They work creatively with audio whilst improving technical skills in the context of mixing worship music.

🕒 Sunday mornings

👤 Adults & Youth

🗣️ Interview

WORSHIP TEAM

Sunday Team

Lead and create a context for the gathered community in connecting with God through music.

🕒 Sunday mornings

👤 Adults & Youth

🎤 Audition

MINISTRY TEAM

Sunday Team

Provide one-off prayer for those responding to the Sunday message, as well as those wanting prayer for breakthrough in their circumstances, physically, practically and emotionally.

🕒 Sunday mornings

👤 Adults & Youth

🗣️ Interview

VIDEO TEAM (SUNDAYS)

Sunday Team

Recognise that often the first contact people have with our church is through online media. They video our Sunday meetings to communicate the message of Jesus online, as well as provide a video overflow for parents in the foyer.

🕒 Sunday mornings

👤 Adults & Youth

🗣️ Interview

BELONG TEAM

Sunday Team

Have a passion to help new people connect into the church family. They're based in the Welcome Lounge, and take time to chat and get to know new people and help them find ways to become part of the family here at King's Arms.

🕒 Sunday mornings

👤 Adults

🗣️ Interview

CAR PARKING TEAM

Sunday Team

We're creating a brand new dedicated car parking team to take our welcome and hospitality to new heights! You'll need to be able to be friendly, welcoming, good at giving directions and problem solving. If that's you, sign up today!

🕒 Sunday morning

👤 Adults & Children

If you are interested in finding out more about how you can become a volunteer register your interest kingsarms.org/volunteer or chat to Sue Smith

FAMILY WELCOME TEAM

Sunday Team

Help connect new and visiting families into the various Kids programmes by providing a friendly welcome and assisting with online signup.

🕒 Sunday mornings 👤 Adults 🗣️ Interview 📄 DBS check

KING'S KIDS TEAM (SUNDAYS)

Sunday Team

Impart to the next generations all that God has put in them; having fun with the children doing life with God through our Sunday morning Kid's Programme.

🕒 Sunday mornings 👤 Adults & Youth 🗣️ Interview 📄 DBS check

KING'S KIDS TEAM (MIDWEEK)

Midweek Team

Impart to the next generations all that God has put in them; having fun with the children doing life with God through midweek discipleship groups and social activities.

🕒 Midweek 👤 Adults & Youth 🗣️ Interview 📄 DBS check

KING'S KIDS SUPPORT (CHILDREN WITH ADDITIONAL NEEDS)

Sunday Team

One-to-one support for individual children who have additional needs. Helping children engage and get the best out of our sessions.

🕒 Sunday mornings 👤 Adults & Youth 🗣️ Interview 📄 DBS check

HOSPITALITY TEAM

Sunday Team

Transform our building, creating a fantastic environment ready for God to do amazing things on Sunday mornings and are passionate about people feeling welcome from driving into the car park to having great refreshments.

🕒 Sunday mornings 👤 Adults 🗣️ Interview

PLAYHOUSE TEAM

Midweek Team

Seek to connect with, and love, the families in our community whilst providing activities for children aged 0-4. An opportunity to meet many people from the surrounding area who do not normally attend church.

🕒 Wednesday mornings 👤 Adults 🗣️ Interview 📄 DBS check

YOUTH TEAM (11-14's)

Sunday and Midweek-Team

Our youth group for 11-14's, who meet every Sunday and various Friday nights. There are also opportunities to join various trips throughout the year.

🕒 Sunday mornings and Friday evenings 👤 Adults & Youth 🗣️ Interview 📄 DBS check

YOUTH TEAM (15-18's)

Sunday and Midweek-Team

Our youth group for 15-18's who meet every Wednesday night during term time and go out after worship every 1 in 3 Sundays. There are also opportunities to join various trips throughout the year.

🕒 Sunday mornings and Wednesday evenings 👤 Adults & Youth 🗣️ Interview 📄 DBS check

kingsarms.org/volunteer

DIARY

JANUARY

- 06-12.....Thirst Week of Prayer and Fasting
- 26.....Guest Sunday with Mark Ritchie
- 31-01.....Sounds Of Glory Conference

FEBRUARY

- 02.....Dedications
- 04.....Comedy Eve with Mark Ritchie
- 09.....Gift Sundays

MARCH

- 08.....Location Launch
- 22.....Mother's Day

APRIL

- 01Joining King's Arms Evening
- 09.....Easter Banquet
- 10Good Friday Meeting
- 30.....TSM Open Evening

For more info see pages 10-11
or visit: kingsarms.org/calendar



HOPE FOR MEXICO

By Cathy Leese

Crossing the border into Mexico for the first time 18 months ago was easier than we had thought but the difference between the sleek, clean USA side and the noisy, dirty Mexico side was stark. Tidy highways and regulations were replaced with broken greasy pavements and traffic mayhem. This is where Paula O'Sullivan – whom we had come to visit - has called home for the past 7 years.

Now a fluent Spanish speaker, Paula left the King's Arms in 2012 to work amongst drug addicts and prostitutes in Tijuana's huge Zona Norte district. She has witnessed violence, fatherlessness and despair but is relentless in her faith as she and her team distribute bibles, pray for the residents and host skills training and kids' safe play sessions in the district. Keep your eyes peeled for ways you can practically get involved in her ministry next year! More news coming soon.

To get involved with global mission:
kingsarms.org/trips

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To receive our weekly update via email please visit kingsarms.org/moreinfo

GIVING

Join us on our mission by supporting us financially. You can give:

By BACS: King's Arms Trust (Bedford)
Acc: 20222499, Sort Code 60-83-01

Online: Give a one-off gift or set up regular giving via card or bank transfer

On Sundays: Using the envelopes provided to give to our mission.

For more info: kingsarms.org/giving